

Ayurveda

The Science of Life (COMMON COMPLICATED DISEASES)

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This book mainly covers about the Ayurvedic concept, fundamental concept, causes, symptoms, prevention, treatment, prohibited foods and behaviors of *Arthritis, Asthma, Breast Cancer, Diabetes, Hemorrhoids, Hay Fever, Hepatitis, Herpes, Hypertension, Leukoderma, Low Blood Pressure, Migraine, Multiple Sclerosis, Psoriasis and Varicose Veins*

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Preface

This book "Common Complicated Diseases" is a compiled set of fifteen major common diseases like Hepatitis, Breast cancer, Arthritis, Asthma, Herpes, Multiple sclerosis, Haemorrhoids, Hay fever, Diabetes, Hypertension, Low blood pressure, Leukoderma, Migraine, Psoriasis, Varicose veins that is making trouble to the vast number of peoples around the globe. Peoples are wondering here and there for an alternative treatment and source of cure to these diseases. They are really complicated diseases if neglected. The western doctors in some condition can help those patients advising them to take medicine for whole life or give some medicine to maintain or in some condition they just give the easy idea of operation. It is true that the modern medicine is very advanced beyond imagination but for some body to take medicine for whole life or simply to operate in any condition is not practical when some one can cure and help with herbal medicine.

This book gives an alternative way for those patients who are looking for a cure or treatment in these mentioned diseases. The theory of ancient knowledge of Ayurveda gives a proper understanding and proper way of treatment for those diseases even in some cases without the knowledge of the present virus theory just like in hepatitis of any kind or herpes etc. Ayurveda has proper explanation and proper way of treatment that has been carried on successfully since centuries. Because in allopathic way we believe there is no cure for those diseases besides giving only some liver tonic medicines. Likewise in Breast cancer in the beginning case it can be completely cured with herbal medicines from the Ayurvedic way. Operation is not the solution. It might cause some complications in future. Arthritis, another case of complicated form is a serious disease suffering many peoples. This, in neglected form can cause many deformities. This in timely treatment can be well cured by Ayurvedic medicines. Likewise multiple sclerosis one of the major diseases in the world also can be cured completely when treated properly and even in the advanced stage it can be well maintained. So are asthma, hemorrhoids, hay fever, low blood pressure, leukoderma, migraine, psoriasis, and varicose veins. In High blood pressure, most doctors advise to take

medicine for whole life, which can be cured well with Ayurvedic treatment. Migraine is just simple. It can be cured easily.

Ayurveda the ancient science of treatment through its unique theory has many solutions for those diseases and also for many more diseases. This book gives an idea what we can do in those disease and what are the preventive measures and how to treat and the basic theory of treatment are given in most simple way. Also some important diets and behaviors that should be followed during treatment. My way for the readers or students or doctors or the patients, this book might be helpful to understand the Ayurvedic approach in this field and gives them some general information about those diseases.

Thank You

Madhu Bajra Bajracharya

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